

## SMALL PLATE ELEMENTS

Appetizers + Soups



### TOASTED OHIO CITY RAVIOLI

crisp smoked mozzarella ravioli, roasted tomato sauce, balsamic spinach salad, pickled red onions 5.95

### MUSHROOM STRUDEL

exotic mushrooms, herbs, amish baby swiss, baked in pyhlllo dough with pesto vinaigrette 5.00

### ZUCCHINI AND EDAMAME PITA

grilled zucchini, edamame spread, tomato, red onion, cucumber yogurt sauce, toasted wheat pita 5.95

### OHIO CHEESE SAMPLER

amish cheddar, baby swiss, gorgonzola, grilled toast points, spiced nuts, fruit chutney small 4.50 | large 8.50

### BARBEQUE CHICKEN QUESADILLA

barbeque smoked chicken, amish cheddar cheese, mango salsa, chive sour cream 6.95

### HEARTY VEGETABLE MINISTRONE SOUP

root vegetables, hearty greens, macaroni, herbed tomato broth, polenta crisp bowl 3.75 | cup 2.75

### CLASSIC CAESAR SIDE SALAD

romaine, garlic croutons, parmesan tuille, anchovies, creamy dressing 3.50

### ELEMENTS SIDE SALAD

mesclun greens, sundried cherries, goat cheese crouton, toasted walnuts, stadium mustard vinaigrette 4.00

## BEVERAGES

### COFFEE

Elements special roast and special roast decaffeinated from Phoenix Coffee 2.00

**HOT TEA** 2.00

**SOFT DRINKS** 1.50

## LIGHTER ELEMENTS

Salads



### ASIAN GRILLED CHICKEN BREAST AND VEGETABLE SALAD

romaine, trio of peppers, mandarin orange, slivered radish, toasted almonds, fried wonton crisps, sesame-ginger vinaigrette 8.25

### ELEMENTS SOUTHWEST SALAD

pan seared cajun mahi mahi, mesclun greens, tomato, amish cheddar, guacamole, roasted corn and poblano salsa, tortilla chips, cilantro vinaigrette 9.25

### TUSCAN CANNELLINI SALAD

rosemary ham, cannellini beans, mesclun greens, stadium mustard vinaigrette 8.25

### CLASSIC CAESAR SALAD

romaine, garlic croutons, parmesan tuille, anchovies, creamy dressing 7.50

add chicken 2.50 | add mahi mahi 3.00

### MEDITERRANEAN SALAD

falafel, romaine, hummus, red onion, feta cheese, black olives, lemon vinaigrette, pita crisps 8.50

### CURRY CHICKEN SALAD

curry poached chicken salad, candied pecans, mesclun green, lemon vinaigrette, toasted pita wedges 7.95

### SPINACH SALAD

baby spinach, balsamic vinaigrette, amish blue cheese, sliced strawberries, candied pecans, grilled chicken breast 8.95

signature item locally sourced

Certain items may be ordered raw or undercooked. Consuming undercooked meats, poultry, seafood and eggs may increase your risk of foodborne illness.

SF 10 | V1

## HEARTY ELEMENTS

Entrees



### CILANTRO LIME MAHI MAHI

pan roasted mahi mahi, mango salsa, poblano cream, rice pilaf, chef's vegetable 9.95

### PESTO-CRUSTED ROASTED TILAPIA

basil pesto, roasted tomato sauce, sauteed spinach, rice pilaf 9.50

### ANGEL HAIR POMODORO

angel hair pasta, diced tomato, fresh basil, garlic, white wine sauce, garlic toast point 8.50

### ORECCHIETTE AND ROASTED CHICKEN

fresh tomatoes, basil pesto, toasted pine nuts, shaved parmesan 8.95

### TERIYAKI GRILLED CHICKEN BROCHETTE

grilled skewered chicken, peppers and onions, mango salsa, rice pilaf, honey-grilled pineapple 8.95

### WIENER SCHNITZEL

crispy veal cutlet, garlic herb spaetzle, sauteed spinach, fresh lemon 10.50

### OHIO CITY PASTA OF THE DAY

fresh, local, handcrafted, daily selection (priced daily)

## ELEMENTS BUILD YOUR OWN BURGER 9.50

includes your choice of elemental side

**Main:** choose 1

ground beef sirloin

homemade turkey burger

grilled portobello

**Bread:** choose 1

kaiser roll

garlic herb ciabatta

nine grain wheat

**Condiment:** choose 2

stadium mustard

basil pesto

garlic aioli

**Cheese:** choose 1

amish cheddar

amish swiss

gorgonzola

**Garnish:** choose 2

mushrooms

sliced tomato

shredded lettuce

## SANDWICH ELEMENTS

Grilled Sandwiches + Sides



### CLEVELAND CLASSIC CORNED BEEF

corned beef, amish swiss, stadium mustard, grilled deli rye, coleslaw 8.50

### FRESH MOZZARELLA AND OVEN ROASTED TOMATO SANDWICH

mozzarella, roasted tomato, basil, lettuce, balsamic glaze, toasted garlic-herb ciabatta 8.25

### CITRUS MARINATED CHICKEN

roasted red pepper relish, sundried tomato mayonnaise, toasted garlic-herb ciabatta 8.25

### ELEMENTS BURGER

ground sirloin, housemade pickle chips, crispy fried onions, garlic aioli, amish cheddar cheese, kaiser roll 8.50

### SMOKED PULLED PORK

smoked pulled pork loin, chipotle barbeque sauce, coleslaw, cajun crispy onions, corn - dusted kaiser roll 8.95

### ELEMENTAL CLUB

barbeque smoked bacon, tomato, avocado, lettuce, amish cheddar cheese, mayonnaise, toasted wheat 8.50

### FLATBREAD TURKEY MELT

thin sliced smoked turkey, fontina cheese, pesto vinaigrette, red onion confit, grilled herb flatbread 8.75

**ELEMENTAL SIDES** included with sandwich or 2.25 a la carte

sweet potato salad, orzo pasta salad, sweet potato fries, coleslaw, garden salad, fresh-cut fries, fruit salad