

MUSHROOM STRUDEL

exotic mushrooms, herbs, amish baby swiss, baked in phyllo dough with pesto vinaigrette 5.25

CHICKEN AND BUTTERNUT SQUASH QUESADILLA

braised herb chicken, cinnamon mashed butternut squash, cumin sour cream, roasted pear piccalilli 6.95

SAUSAGE AND POTATO KNISH

smoked kielbasa, mashed potato, puff pastry served with braised cabbage, chive sour cream 6.25

HOMEMADE MEDITERRANEAN FALAFEL

mesculin greens, feta, tomatoes, kalamata olive tzatziki sauce 4.75

TURKEY CHILI BOULE

hearty turkey and white bean chili, amish cheddar, chive sour cream, served in a toasted sourdough boule (hot or mild) 7.00

VEGETABLE MINISTRONE SOUP

root vegetables, hearty greens, macaroni, herbed tomato broth, polenta crisp bowl 3.75 | cup 2.75

CHEF'S FEATURED SOUP (PRICED DAILY)

BEVERAGES AND DESSERTS

 COFFEE  2.00 HOT TEA 2.00 SOFT DRINKS 1.50

TIRAMISU

Phoenix espresso sponge cake, rich mascarpone, cocoa, whipped cream 3.95

CHEF'S FEATURE OF THE DAY

fresh baked in house desserts (priced daily)

ROASTED BUTTERNUT SQUASH AND APPLE SALAD

roasted butternut squash, gorgonzola, sliced apple, dried cranberries, balsamic lemon vinaigrette 7.50

SPINACH SALAD WITH FRIED EGG AND SAUSAGE

crispy smoked kielbasa, fried egg, peppers, tomatoes, amish cheddar, lemon vinaigrette 8.25

MEDITERRANEAN SALAD

falafel, romaine, hummus, red onion, feta cheese, black olives, lemon vinaigrette, pita crisp 8.50

CLASSIC CAESAR SALAD

romaine, garlic croutons, parmesan tuille, anchovies, creamy dressing 7.50 add chicken 2.50

ASIAN GRILLED CHICKEN BREAST AND VEGETABLE SALAD

garden vegetables, mandarin orange sections, slivered radish, almonds, wonton crisp, sesame-ginger vinaigrette 8.25

RED QUINOA SALAD WITH TURKEY

mesculin greens, red quinoa, mandarin orange, dried cranberries, extra virgin olive oil, grilled turkey paillard 8.50

CLASSIC CAESAR SIDE SALAD

romaine, garlic croutons, parmesan tuille, anchovies, creamy dressing 3.50

ELEMENTS SIDE SALAD

mesculin, sundried cherries, goat cheese croutons, toasted walnuts stadium mustard vinaigrette 4.00

 signature item  locally sourced

Certain items may be ordered raw or undercooked. Consuming undercooked meats, poultry, seafood and eggs may increase your risk of foodborne illness.

WF 12 | V1

PESTO-CRUSTED ROASTED TILAPIA

basil pesto, roasted tomato sauce, sauteed spinach, herbed rice pilaf 9.50

FLEET AVENUE PIEROGIES

pan fried barbeque potato and cheese pierogies, west side market kielbasa, sweet onion, roasted corn, pepper trio, amish cheddar, chive sour cream 10.00

EGGPLANT AND ROASTED TOMATO STACK

crisp breaded eggplant, oven roasted garlic tomatoes, aged provolone, fresh mozzarella, basil pesto, grilled ciabatta 8.50

PRETZEL CRUSTED TURKEY CUTLET

all natural Shearer's baked pretzel, amish cheddar cream sauce, cinnamon mashed butternut squash, sauteed garlic green beans 9.00

ORECCHIETTE AND ROASTED CHICKEN

fresh tomatoes, basil pesto, toasted pine nuts, shaved parmesan 8.95

CLASSIC CHICKEN POT PIE

roasted chicken, carrots, leeks, potato, peas, celery, cream veloute, puff pastry 9.50

STUFFED CABBAGE ROLLS

ground beef and rice stuffed cabbage, sweet and sour tomato sauce, sauteed garlic green beans 8.50

OHIO CITY PASTA OF THE DAY

fresh, local, handcrafted, daily selection (priced daily)

ELEMENTS BUILD YOUR OWN BURGER 9.50

includes your choice of elemental side

Main: choose 1

ground beef sirloin

homemade turkey burger

grilled portobello

white bean burger

Bread: choose 1

kaiser roll

garlic herb ciabatta

9 grain wheat bread

herb flatbread

Condiment: choose 2

stadium mustard

basil pesto

garlic aioli

spicy bbq

Cheese: choose 1

amish cheddar

amish swiss

gorgonzola

mozzarella

Garnish: choose 2

mushrooms

sliced tomato

shredded lettuce

caramelized onions

ELEMENTS BURGER

ground sirloin, amish cheddar, crispy fried onions, house made pickle chips, garlic aioli, kaiser 8.75

SPICY BARBEQUE MEATBALL SANDWICH

housemade meatballs, spicy barbeque, amish cheddar, caramelized onions, toasted deli roll 9.00

GREAT LAKES BEER BATTER-FRIED TILAPIA FILLET

sliced tomato, shredded lettuce, remoulade, kaiser 8.50

GRILLED CHICKEN WRAP

grilled chicken breast, spinach, tomato, mozzarella, basil pesto aioli, tomato basil tortilla 8.25

TUSCAN WHITE BEAN BURGER

mushrooms, mozzarella, roasted tomato sauce, walnuts, kaiser 8.50

ELEMENTAL MELT

rosemary ham, smoked turkey, spinach walnut pesto, fontina, roasted pear piccalilli, herb flatbread 8.50

ELEMENTAL SIDES included with sandwich or 2.75 a la carte

bistro fries, sweet potato fries, pear piccalilli, braised cabbage, sauteed garlic green beans